



Sudbury Endodontics, P.C.

What Should I Expect Following Endodontic Treatment?

The root canal system has been thoroughly cleaned, and the irritated tissue and bacteria that have caused you to need root canal treatment is gone.

You may eat and drink as soon as the numbness wears off. The anesthetic may take two or more hours to wear off. **Avoid chewing on the treated side of your mouth until the tooth has a permanent restoration.*** If your filling is temporary, we recommend that you do not eat anything sticky or chewy.

Restoring Your Tooth

After root canal completion, a permanent restoration should be placed within 1 MONTH.

After that time, the temporary filling may leak, which would compromise the healing process and may require re-treatment of the root canal system. Many teeth requiring root canal treatment may have pre-existing fractures that the root canal can not reverse. Having the tooth restored will help protect the tooth against further fracture. Delay in obtaining a final restoration may result in a fracture and the possible loss of the tooth. If you already have a permanent crown on the tooth, please see your dentist to replace the temporary filling with a permanent one.

My Tooth Is Still Sore. Is That Normal?

Yes, there is a ligament surrounding your tooth. The root canal treatment may inflame this ligament, causing tenderness to pressure or general achiness. It is normal to feel some tenderness in the area over the next few weeks as your body undergoes the natural healing process. You may also feel some tenderness in your jaw from keeping it open for an extended period of time. These symptoms are temporary and usually respond very well to over-the-counter pain medications.

We recommend taking **400-600mg of Ibuprofen (Advil, Motrin IB, Nuprin) every 4-6 hours for the first 2-3 days following treatment.** This will speed the healing process and reduce any discomfort following treatment. If for any reason you are allergic to Ibuprofen, you may take two Tylenol tablets every 6-8 hours (maximum amount 3,000mg/day).

In the unlikely event that you experience sever pain or swelling please call our office **978-443-7101** we will assist you. If it is after hours, our answering service has the doctor's on call telephone number.

We thank you for the opportunity to assist you with your dental health.

Sincerely,

Dr. Kelly A. Barnes &
Dr. Joyce Johnston-Neeser